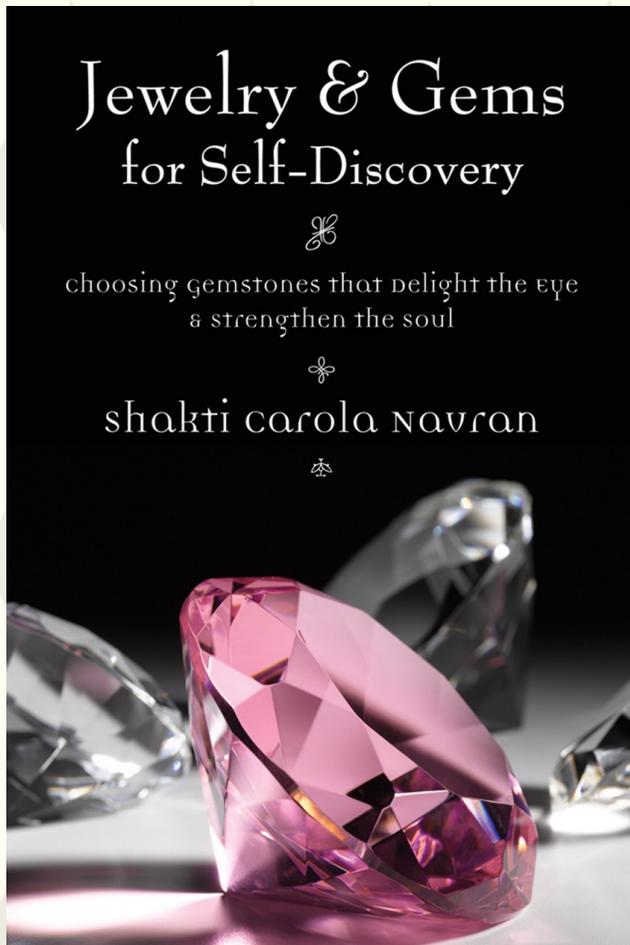




New Title Announcement

Jewelry & Gems for Self-Discovery: Choosing Gemstones That Delight the Eye & Strengthen the Soul

Shakti Carola Navran
September 2008



ISBN-13: 978-0-7387-1443-1
US \$16.95 CAN \$19.50
Trade Paperback
6 x 9, 192 pp.
Body, Mind, Spirit / General
September 2008

Have you ever fallen in love with a ring or necklace? Perhaps there's a reason! Gems and crystals have metaphysical and healing qualities that can support you physically, emotionally and spiritually. This innovative guide will help you choose a piece of jewelry for your unique life path.

Diamonds enhance your creativity. Rubies teach you about love. Opals fuel intuition and offer healing. Which stones are right for you? Shakti Carola Navran offers a thorough introduction to astrology to help you identify the challenges and spiritual needs evident in your birth chart. A detailed list of 67 gems and crystals—with full-color photos of polished stones and finished jewelry—makes it easy to find the minerals that can balance these conflicting energies.

You'll learn how to “program” your stone with joy, peace of mind, self-confidence or any other quality you desire. There's also helpful information for choosing the form (ring, earrings, necklace), selecting the metal setting and incorporating symbols into your unique piece of jewelry.

Selling Features

- * An innovative guide to understanding the metaphysical traits of gems and crystals and choosing stones that will personally support your life path
- * Introduces astrology, chakras and mind-body self-improvement techniques
- * Includes a ritual for cleansing and empowering your gems and crystals

PUBLICITY CONTACT:

For review copies or to arrange an interview please contact
Courtney Kish, publicist at 1-800-843-6666, ext. 8452 or CourtneyK@llewellyn.com.

SALES CONTACT:

To inquire about group or bulk sales, contact sales@llewellyn.com.



Author Profile Shakti Carola Navran

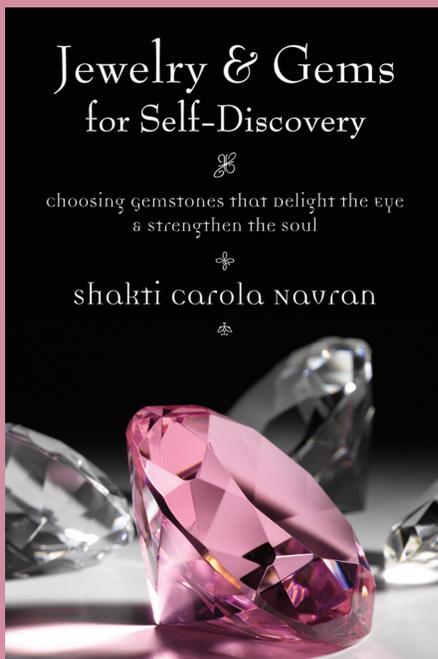
Shakti Carola Navran is a jeweler and astrologer who works out of her studio on Maui, Hawaii. She is originally from Cologne, Germany, where she attended art school and was also trained in the traditional European apprenticeship system by master jewelers, attaining the rank of journeywoman. She owned an art gallery in Cologne for seven years and began her independent practice as a jeweler in her gallery. In Germany she also began her lifelong study and practice of astrology and many other spiritual traditions and practices. She has been an astrologer for 30 years and gave readings all over Germany. She is a master practitioner of NLP (Neuro-Linguistic Programming). She has given seminars on NLP, hypnotherapy, and meditation and healing with gemstones.

Shakti has been trained in many forms of mind and body healing. She has studied with teachers of many different spiritual orientations, including Buddhism, Sufism, Diamond Heart Approach, and with the Oneness University in India.



Shakti uses astrological counseling to help clients understand the major themes and challenges of their lives. She uses the astrological reading to design a highly personalized piece of jewelry to meet the specific needs of each client. In her seminars she uses gemstones to help participants achieve peace and joy through a deep experience of their own inner presence.

Shakti was motivated to write this book by her desire to share her fresh and highly original approach with jewelers and all people who wear jewelry and seek personal growth. This book is her legacy, capping her 30 years as a jeweler and astrologer.



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